

# SAY GOODBYE



## TO DRY HAIR!

### AWAKEN YOUR LIFELESS LOCKS

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Try these dry hair remedies today to put some life back into your hair. It's one of the easiest (and cheapest) ways to have a good hair day!



Create a spritzer to deep clean & remove build-up. Mix in a spray bottle: 1/2 cup of sparkling water, 1/2 cup of apple cider vinegar, and 1 Tbsp. lemon juice. Saturate hair. Leave on for 2 minutes. Rinse completely, then follow up with a cleansing shampoo.



While you are applying a mask to your hair (either the hair spritzer or all-oil treatment), a quick fix for extra dry hair is to leave the mask in for longer and put it up in a top knot. For shorter hair, create a side twist. Leave your hair in a knot or twist for 20 to 30 minutes.



Create an all-oil treatment for hair. Mix 2 parts coconut oil with 1 part olive oil. Massage oil through hair, focusing on dry ends. Put on a shower cap and leave mixture in for several hours or over night. Rinse out the oil and follow by cleansing with shampoo & conditioner.



If you don't have time to make your own at-home mask, there are pre-treatment products you can easily purchase. These products were created to repair hair before you shampoo and can be applied on dirty hair. Try Immersion Nutritive by Kerastase.